

**We advise women and girls from the age of 16
as well their relatives and professionals**

- upon request, anonymously
- free of charge
- confidentially
- appreciatively
- resource-oriented
- in personal one-to-one meetings
- on the phone and online

Frauenberatung Soest

Specialist advice centre in the district of Soest
Feldmühlenweg 19 · 59494 Soest
Tel. 02921 3494177
Fax 02921 3493267
info@frauenberatung-soest.de
www.frauenberatung-soest.de



Frauenberatung Soest

We offer one-time consultations and longer processes.
We are bound by professional secrecy.

Specialist advice Soest
is funded by:



Ministerium für Kinder, Jugend, Familie,
Gleichstellung, Flucht und Integration
des Landes Nordrhein-Westfalen



Your point of contact in the district of Soest

You alone decide which path you choose and when you take it.

We offer information and support in the development of individual solutions for your personal goal.

We look forward to getting to know you!



Sponsor:
Evangelische **Frauenhilfe** in Westfalen e.V.

Possible topics

- experience of violence
(physical, psychological, sexual, digital)
- stalking, harassment and bullying
- past experience of abuse
- relationship conflict or separation



- self-esteem problems
- decision-making difficulty
- sexual orientation or sexual identity
- stressful life situation
- search for new ideas or perspectives
- other questions or unclear concerns

